

PSHE Overview 2026 - 2027

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Making friends: playing and learning together	Showing kindness to ourselves and others	Celebrating me, you and our families	Being healthy	Safety at home	Mental health and wellbeing
Year 2	Mental Health and wellbeing	Keeping Safe Online	Me, my body and staying safe	Money and work	Keeping safe outside the home	Looking back and moving on
Year 3	Me, my friends and belonging	Mental Health and wellbeing	Building healthy habits	Making choices online	Keeping safe out and about	Looking out for each other
Year 4	Citizenship Mental health and wellbeing	Anti-bullying. Exploring ways to manage risk	Online safety Money matters and news literacy	Forming respectful relationships	Me, my body and growing up	Families and growing together
Year 5	Friendships, Stereotypes & Bullying	Mental Health & Wellbeing	Positively Engaging with Our Word	Respecting Boundaries	Safe Connections	Embedding Healthy Habits
Year 6	Mental Health and Wellbeing	Managing Money and Online Spending	Changes in Puberty (and sex education)	Drug Education: Assessing Risk and Managing Influences	Developing our AI Literacy	Looking to the Future